MIT Dining is happy to provide carry out meals for students with meal plans who cannot attend regularly scheduled meals due to class conflicts or work. Meals must be ordered by noon the previous day. Completed forms need to be emailed to express@mit.edu. Each meal will be deducted from the student’s meal plan as if the student was eating a meal in a House Dining location. Express options are only available Monday-Friday.

Students should pick up meals from the requested house dining location within an hour of the designated time. Students needing to cancel a meal order should email express@mit.edu at least 12 hours in advance of their meal pick up time.

If requesting more than one type of meal per day, i.e. breakfast and lunch, please use one order form per type of meal.

Name: ________________________________________________________________
Email: ________________________________________________________________
ID Number: _____________________________________________________________
Cell Phone Number: ______________________________________________________
Date of meal pickup: _____________________________________________________
Pick Up Location (circle one): Maseeh | McCormick | Baker | Next | Simmons
Pick up time for meal: _______ AM/PM

Meals must be picked up during normal meal hours in the house dining location.

MEAL PACKAGES
Check one meal and one beverage choice

PACKAGE #1: Entrée Special (select one)
☐ Comforts entrée of the day
☐ Vegetarian entrée of the day

PACKAGE #2: Deli Sandwich (circle one meat & one cheese or two cheeses)
Bread: White | Wheat
Meat: Turkey | Ham | Roast Beef
Cheese: American | Swiss | Provolone
Additions: ☐ Lettuce    ☐ Tomato
Choice of Sides (circle two): Chips | Whole Fruit | Cookies

Beverage Choices (circle one)
White Milk | Soy Milk | Orange Juice | Apple Juice | Bottled Water